

Get out of Analysis Paralysis

Maximizing:

Looks for the best option of all available choices, which means that even when an option is found that would meet all of the needs, the idea that there still might be something better arises, so no choice is made.

Satisficing:

A combination of satisfy and suffice. It is setting the minimum standard needed in order for you to be satisfied.

How to get out of Analysis Paralysis

1. Voluntarily limit your choices
2. Determine what good enough is
3. Lower your expectations about the outcome of any given decision
4. Stop comparing your decisions with everyone else's